FASD 1oh!1 for PROFESSIONALS

Day One
June 2nd 2016
9am-6pm

PART ONE: *BRINGIN' IT BACK TO BRAIN*

Overview

Bringing it back to brain is the most important lesson participants will learn – this is the foundation of understanding FASD's. Participants will gain a better understanding of brain function vs. dysfunction and basic factors in FASD and brain development.

Topics Include:

- Bringin' it Back to Brain: The Brain Game
  Participants will analyze their own brains while beginning to link brain function and behaviours
- The Logic Model
  An easy to understand model that can help you understand and teach others about FASD
- What is FASD?
  Plus: What's new with FASD – A look at some up and coming FASD studies.
- FASD and Economics
  Why do they call these people two million dollar babies? How much does it really cost to raise a child with an FASD?

PART TWO: *UNDERSTANDING THE NUTS AND BOLTS OF FASD*

Overview

Part 2 is all about the nuts and bolts - primary, secondary and tertiary characteristics. This lesson will help you to identify symptoms of FASD vs. "bad" behaviours. Participants will also learn and discuss the realities and challenges of FASD across the life span.
Bonus! Participants will learn about an easy to use FASD Screening Tool that you can start using right away.

Topics Include:

- The Brain Hierarchy *How does everything really stack up?*
- Primary Characteristics
  - Introducing: AMANDA
- Secondary Characteristics
- Tertiary Characteristics
  - *Plus:* FASD Mortality Rates
- Being an FASD Adult *What worked? What didn't? What it's really like.*
  - Introducing: SAVANNA
  - LIVE! Interview with R.J
- IQ vs. Executive Functioning
- Skill Characteristics vs. Development Age *A Look at Adaptive Functioning*
- Age Appropriate Expectations Vs. Chronological Expectations Vs. Developmental Expectations
- Behaviour Modification vs. Brain Accommodation
- **FASD Screening Tool**

FASD 1oh!1 for PROFESSIONALS

Day Two
June 3rd 2016
9am-6pm

PART THREE: *FASD and THE REAL WORLD*

Overview

Finding balance in the home is what every parent and caregiver dreams of, but achieving that same homeostasis at school and in the community is like finding the holy grail.

Topics Include:

- FASD and School
  - Plus: Resources and strategies that will work!
- FASD and the Law
  What are the implications of FASD for the legal system? How can efforts to identify people with FASD in the legal system be improved? How can the criminal justice system respond more effectively to people with FASD?

PART FOUR: *FINDING YOUR A-HA! MOMENT*

Overview

Part 4 will take your basic FASD knowledge and start to take it to the next level. Beware: A-Ha! moments and paradigm shifts ahead.
Part 4 will also increase your knowledge and understanding of grief and loss, how it affects the family and most importantly, what you can do to help.

Topics Include:

- Values and Value Clashes
- Caregiver Burn Out
- Grief and Loss
- Paradigm Shifts and FASD

PART FIVE: *HOW TO THRIVE AND SURVIVE WITH AN FASD*

Overview

Part 5 is all about how to thrive and survive as an FASD caregiver or ally. In this section, participants will learn how to have more success at home, work and school.

Topics Include:

- FASD Fundamentals
- What Works?
- Getting an FASD Diagnosis and Why It's Important
  - Plus: Building a Team and Why It's a MUST!
- Advocating
- Self Care